

A little preparation. A clearer journey.

A practical checklist for your hospital and travel conversations.

Your hospital conversation

- ☐ Confirm the clinician, appointment, and hospital details.
- ☐ Ask how to share reports through a secure channel.
- ☐ Discuss your questions with your treating doctor.

A clear view of the costs

- ☐ Request a written, itemised estimate.
- ☐ Separate clinical, coordination, stay, and travel charges.
- ☐ Confirm deposits, cancellations, and what may change.

A thoughtful travel plan

- ☐ Ask your clinician about fitness to travel.
- ☐ Check accessibility, accommodation, and companion needs.
- ☐ Confirm current visa requirements if travelling internationally.

The journey home

- ☐ Request written summaries and care instructions.
- ☐ Agree on follow-up and who to contact with concerns.
- ☐ Confirm return travel timing with your treating clinician.

For current visa rules: indianvisaonline.gov.in/evisa/

For local travel updates: salem.nic.in

This guide supports planning. It is not medical advice or a confirmed appointment.
HealBridge coordinates travel; qualified treating professionals guide clinical care.